



St Thomas's Osbaldwick and St James's Murton

Churches with a heart - at the heart of our communities

An Inclusive Church — All are Welcome

Pew Sheet for 5th July 2026



Sunday 5th July St Thomas the Apostle

8.00am Holy Communion at St Thomas's

10.00am Café Church

Readings: Ephesians 2: 19 - end. John 20: 24 - 29

Monday 6th July

10.00am Church and Churchyard Cleaning

Wednesday 8th July

9.30am Playgroup at St Thomas's

Thursday 9th July

10.00am Coffee Drop-in at St Thomas's

Friday 10th July

10.00am Chairiobics at St Thomas's

Saturday 11th July

2.00pm Open Garden – see below

Sunday 12th July 6th Sunday of Trinity

10.00am Holy Communion at St Thomas's

4.00pm Evening Worship at St James's

Readings: Isaiah 55: 10 - 13. Matthew 13: 1 - 9, 18 - 23.



Prayers and Prayer Pointers For This Week

Monday 6th July

- God of all wisdom, guide me in the choices I make this week.
- Help me to choose love over fear, patience over irritation, and generosity over self-protection. Walk with me today. Amen.

Tuesday 7th July

- Today, pray for those living with illness, pain, or long-term health conditions.
- Pray for treatment, support, understanding, and hope.
- Christ who healed with compassion, be close to all who suffer. Amen.

Wednesday 8th July

- Think about the people you will meet or speak to today.
- Before each conversation, silently pray: "May I meet Christ in you."
- God of every person, help me to see others with love. Amen.

Thursday 9th July

- God of truth, help me to be honest today.
- Honest about my needs, my limits, my hopes, and my mistakes.
- Let truth lead me not into shame, but into freedom. Amen.

Friday 10th July

- Today, pray for people affected by violence in homes, communities, and nations.
- Pray for safety, justice, healing, and courage for those seeking help.
- God of refuge, protect the vulnerable and strengthen those who work for peace. Amen.

Saturday 11th July

- Take time today to rest, even briefly.
- Rest is not wasted time; it is part of being human.
- God of Sabbath, teach me to receive rest as a gift. Amen.

Diocesan Prayer diary —

This week join in prayer with the church throughout our diocese for:

Church of England:
Diocese of St Albans,
Bishop designate Andrew Rumsey, Bishop Richard Atkinson,
Bishop Jane Mainwaring
Church of Sweden:
Diocese of Linköping, Bishop Marika Markovits

Church Lads and Girls Brigades
across Southern Africa

Porvoo Communion

South Africa Diocesan Link

The Diocesan Prayer
Diary July to September
2026

[Diocesan Prayer Diary |
Diocese of York](#)



Collect and Readings for St Thomas

Lord God, the source of truth and love, keep us faithful to the apostles' teaching and fellowship, united in prayer and the breaking of bread, and one in joy and simplicity of heart, in Jesus Christ our Lord.

Collect and Prayer for the Week

Almighty and eternal God,
who, for the firmer foundation of our faith,
allowed your holy apostle Thomas
to doubt the resurrection of your Son
till word and sight convinced him:
grant to us, who have not seen, that we also may
believe
and so confess Christ as our Lord and our God;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

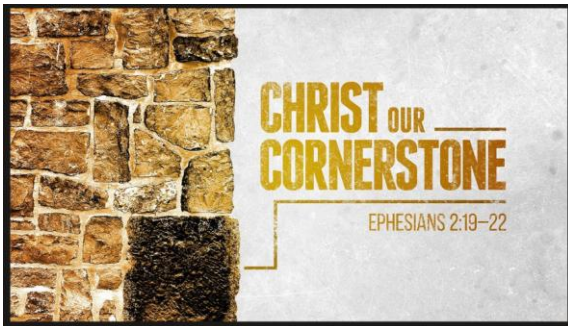
All readings taken from NRSV

Ephesians 2: 19 - end

¹⁹So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, ²⁰built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone.²¹In him the whole structure is joined together and grows into a holy temple in the Lord; ²²in whom you also are built together spiritually into a dwelling-place for God.

For the word of the Lord.

Thanks be to God.



John 20: 24 - 29

'24 But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. ²⁵So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.'
²⁶A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.'
²⁷Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.'
²⁸Thomas answered him, 'My Lord and my God!'
²⁹Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.'

This is the Gospel of Christ.

Praise to Christ our Lord.

Post Communion

Almighty God,
who on the day of Pentecost
sent your Holy Spirit to the apostles
with the wind from heaven and in tongues of flame,
filling them with joy and boldness to preach the
gospel:
by the power of the same Spirit
strengthen us to witness to your truth
and to draw everyone to the fire of your love;
through Jesus Christ our Lord. **Amen.**

Exciting Holiness

St Thomas the Apostle



Thomas is mentioned among the number of the apostles in the gospels of Matthew, Mark and Luke but it is in John's gospel that his significance is revealed. First, he is heard encouraging the other disciples to go to Judea with Jesus; then, not knowing what Jesus meant when he talked about where he was to go elicited the answer that Jesus was himself the Way. But probably most famously he was the apostle notably unconvinced by reports of the resurrection of Jesus, causing Jesus to show him the marks in his hands and side. Thomas then acclaims the risen Christ with the words that have been described as the great climax to John's gospel: 'My Lord and my God!'
Most traditions point to Thomas as having evangelized in India following Pentecost. Today, there is a devout community of Catholics on the Malabar Coast of India who call themselves the St. Thomas Christians. They claim that their community began through the teachings of Thomas himself.
It is believed that Thomas was speared to death for his works in India. He is honoured on July 3 and is the patron saint of architects.

