

St Thomas's Osbaldwick and St James's Murton
Churches with a heart - at the heart of our communities

An Inclusive Church

Pew Sheet for Sunday 14th July 2024

Our Vision: We aim to be a friendly, inclusive, and happy church family in Osbaldwick, Murton and Derwenthorpe.

God's generous love inspires us to:

- serve our local community,
- be radically inclusive and welcome everyone,
- celebrate the history and care for the heritage of our ancient buildings,
- and through all this, to praise and worship Jesus Christ.

We invite you to journey with us and share in our life.

Prayers and Prayer Pointers

Monday 15th July - Draw a picture of your local church. Include on the picture all the ways you see God at work, and all the things you want to ask God to work in. - Pray about it.

Tuesday 16th July - Make a cup or tea or coffee, or something else to drink. As you drink it, imagine all the places and people that are responsible for making it, from source to your lips. - Thank God for them, the source of all life.

Wednesday 17th July - Sit silently for ten minutes and let your mind wander. Offer any thoughts and feelings to God.

Thursday 18th July - Take a moment to notice the sky today. - Whether it is sunny and clear where you are, or mostly cloudy, you could spend a few minutes – perhaps several times throughout the day – noticing what is happening above you. - As you look to the sky, see the vastness of God's creation, stretched out above you. Notice your own smallness, and the smallness of some of the worries and concerns that have been consuming you. - Give the smallness to God, and allow the divine bigness to wash over you.

Friday 19th July - Today, when you are washing your hands, or in the shower, or brushing your teeth, or even when you are doing the washing up – you could notice the water, falling from the tap or the shower head. You might like to pray these simple words: - Living God, thank you for the water of life that you give to us. Thank you for the privilege of clean water that I can rely on. Thank you that you wash away all that is sinful and broken in me. Thank you for the water. Amen.

Saturday 20th July - Gracious God, I know you have plans for me- plans for me to be a part of your kingdom and an agent of love in the world. - Today, show me how to respond to the invitations I might receive. Help me to be open to the opportunities to share your love. - In Jesus' name I pray. Amen.

Personal Prayer to say at the end of the service

Out into the world I go, Knowing that the unending grace of God is there already, Knowing I can encounter you, O God, in all walks of life and all spaces and all people. Help me to notice The Christ in the people I meet this week, In Jesus name, I go in peace, Amen.



SUNDAY 14th JULY —7th SUNDAY OF TRINITY

10am Holy Communion at St Thomas's—continuing the series of Sunday themes looking at our Vision and Values— 'Praise and Worship'.

4pm Evening Prayer at St James's

Readings. Romans 12: 1—21. Matthew 5: 3—16

Wednesday 17th July

9.30am Playgroup at St Thomas's

Thursday 18th July

10am Coffee Drop-in at St Thomas's

SUNDAY 21st JULY —8th SUNDAY OF TRINITY

10am Family Communion at St Thomas's

Readings. Jeremiah 23: 1—6. Mark 6:30—34, 53—56

Young Leaders Award Coffee Morning
In aid of work with Abanna (Children's Charity in Uganda) and the AHS Unity Fund
ARCHBISHOP HOLGATE'S SCHOOL,
HULL ROAD, YORK, YO10 5ZA.
WEDNESDAY 17TH JULY
BETWEEN 11.30AM & 13.00PM
Live Music
Raffle
Tea, Coffee, Cake & Sandwiches
BINGO
A Big Thank you
RSVP to Reception or Jeverdell@ahs.pmat.academy

Collect and Readings for the 7th Sunday of Trinity

Collect and Prayer for the week

Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy
keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Post Communion Prayer

Lord God, whose Son is the true vine
and the source of life,
ever giving himself that the world may live:
may we so receive within ourselves
the power of his death and passion
that, in his saving cup,
we may share his glory
and be made perfect in his love;
for he is alive and reigns, now and for ever. **Amen.**

All readings are from Bible Gateway - NRSV

Romans 12: 1—21.

¹² I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. ² Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

³ For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. ⁴ For as in one body we have many members, and not all the members have the same function, ⁵ so we, who are many, are one body in Christ, and individually we are members one of another. ⁶ We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ ministry, in ministering; the teacher, in teaching; ⁸ the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

⁹ Let love be genuine; hate what is evil, hold fast to what is good; ¹⁰ love one another with mutual affection; outdo one another in showing honour. ¹¹ Do not lag in zeal, be ardent in spirit, serve the Lord. ¹² Rejoice in hope, be patient in suffering, persevere in prayer. ¹³ Contribute to the needs of the saints; extend hospitality to strangers.

¹⁴ Bless those who persecute you; bless and do not curse them. ¹⁵ Rejoice with those who rejoice, weep with those who weep. ¹⁶ Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. ¹⁷ Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. ¹⁸ If it is possible, so far as it depends on you, live peaceably with all. ¹⁹ Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' ²⁰ No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' ²¹ Do not be overcome by evil, but overcome evil with good.

Matthew 5: 3—16

³ 'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

⁴ 'Blessed are those who mourn, for they will be comforted.

⁵ 'Blessed are the meek, for they will inherit the earth.

⁶ 'Blessed are those who hunger and thirst for righteousness, for they will be filled.

⁷ 'Blessed are the merciful, for they will receive mercy.

⁸ 'Blessed are the pure in heart, for they will see God.

⁹ 'Blessed are the peacemakers, for they will be called children of God.

¹⁰ 'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

¹¹ 'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. ¹² Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you. ¹³ 'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

¹⁴ 'You are the light of the world. A city built on a hill cannot be hidden. ¹⁵ No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. ¹⁶ In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.