

# St Thomas Osbaldwick with St James Murton



*All are Welcome*

## Pew Sheet for Sunday 11<sup>th</sup> February 2024



### SUNDAY 11<sup>th</sup> FEBRUARY—SUNDAY BEFORE LENT (RACIAL JUSTICE SUNDAY).

10am Holy Communion at St Thomas's

4pm Evening Prayer at St James's

#### 13<sup>th</sup> February - Shrove Tuesday

5 to 7pm Pancake served in St Thomas's

#### 14<sup>th</sup> February ASH WEDNESDAY

(half-term no Baby and Toddler Group)

7pm Ash Wednesday Service

#### Thursday 15<sup>th</sup> February

10am Coffee Drop-in

### SUNDAY 18<sup>th</sup> FEBRUARY LENT 1

10am Family Communion

**Sunday Reflection** Every week the York Diocese offers a new reflective prayer video for your personal use. This week the Revd Dr Jenny Wright, Chaplain to the Archbishop of York, reflects on Racial Justice Sunday. For the reflection please go to: [vimeo.com/dioceseforyork](https://vimeo.com/dioceseforyork).

#### Churches Working together

You are invited to a Lenten Course  
"A REFLECTION ON THE OUR FATHER"  
St Aelred's Community Centre five Fridays in  
Lent

**FRIDAYS 16<sup>th</sup> & 23<sup>rd</sup> FEBRUARY; 1<sup>st</sup>; 8<sup>th</sup> &  
15<sup>th</sup> MARCH 1.15 - 2.15pm**

Everyone is welcome.

Every Friday in Lent from 12.15pm, St  
Aelred's Church, Fifth Avenue, offer a lunch of  
soup and bread, followed by tea and coffee.

You are welcome to come for a bowl of soup  
and then to stay for the reflection (or just  
come along for the reflection).

**Saturday 2<sup>nd</sup> March** Osbaldwick and Murton  
Cubs and Scouts—Spring Fayre 11am to  
4pm—takes place in the Scout Hut.

### Prayers and Pointers for the Week Ahead

#### Monday 12<sup>th</sup> February

What is your favourite song or piece of music? What about it inspires or encourages you?

Listen to it now. Is there a way that you can hear some of the notes, or the words, or both, as a prayer?

Thank you Lord, for the music of our lives.

#### Tuesday 13<sup>th</sup> February

Pour a glass of water. Think about the things you do that get in the way of your relationship with God. You might think it muddies the water of your life, but God forgives us for all these things, and offers us living water.

Drink some of the water and give thanks for the way God reaches out to you with love and forgiveness.

#### Wednesday 14<sup>th</sup> February

A number of years ago, for Valentine's Day, the Climate Coalition – a group of charities and organisations committed to working to tackle the climate crisis – made this short film: <https://www.youtube.com/watch?v=zD3YxrZdyzo>

Watch the film. Reflect on the challenging and inspiring words about creation, and reflect on how you can Show The Love for the planet this Valentine's Day and beyond.

#### Thursday 15<sup>th</sup> February

On this day in 2003, over 600 protest marches to the war on Iraq happened around the world, with estimates of up to 30 million people taking part.

Today, let our prayers be for peace in our world, and for all who work, campaign and advocate to make that a reality.

#### Friday 16<sup>th</sup> February

Living, loving God, thank you for your love for me.

Thank you that by your love, I am forgiven, accepted, set free.

Help me to live a life that is not burned by my own guilt and shame, but rather is born of the freedom I am afforded by your love.

This day, help me to spread my wings.

#### Saturday 17<sup>th</sup> February

You might like to find some time today to hold a time of meditative prayer. Listen to [O Lord hear my prayer / Taize songs / Taize full album / The best of taize \(youtube.com\)](#) some calming music, or to the sounds of nature – you could put these Taize chants on repeat if helpful:

In the stillness, listen for God's presence with you.

**Amen**

## Collect and Readings for the Sunday before Lent

### Collect and Prayer for the week

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened  
to suffer with him  
and be changed into his likeness,  
from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

*All readings are from Bible Gateway NRSV*

### 2 Kings 2: 1 - 12

When the Lord was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, 'Stay here; for the Lord has sent me as far as Bethel.' But Elisha said, 'As the Lord lives, and as you yourself live, I will not leave you.' So they went down to Bethel. The company of prophets who were in Bethel came out to Elisha, and said to him, 'Do you know that today the Lord will take your master away from you?' And he said, 'Yes, I know; keep silent.' Elijah said to him, 'Elisha, stay here; for the Lord has sent me to Jericho.' But he said, 'As the Lord lives, and as you yourself live, I will not leave you.' So they came to Jericho. The company of prophets who were at Jericho drew near to Elisha, and said to him, 'Do you know that today the Lord will take your master away from you?' And he answered, 'Yes, I know; be silent.' Then Elijah said to him, 'Stay here; for the Lord has sent me to the Jordan.' But he said, 'As the Lord lives, and as you yourself live, I will not leave you.' So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground. When they had crossed, Elijah said to Elisha, 'Tell me what I may do for you, before I am taken from you.' Elisha said, 'Please let me inherit a double share of your spirit.' He responded, 'You have asked a hard thing; yet, if you see me as I am

being taken from you, it will be granted you; if not, it will not.' As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, 'Father, father! The chariots of Israel and its horsemen!' But when he could no longer see him, he grasped his own clothes and tore them in two pieces.

For the word of the Lord.

**Thanks be to God.**

### Mark 9: 2 - 9

Jesus took Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, 'Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, 'This is my Son, the Beloved; listen to him!' Suddenly when they looked around, they saw no one with them any more, but only Jesus.

As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

This is the Gospel of Christ.

**Praise to Christ our Lord.**

### POST COMMUNION PRAYER

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know his power  
to change and save.

This we ask through Jesus Christ our Lord.  
**Amen.**

Please take this copy of the Pew Sheet away with you when you leave church.